



THE RUBY - RUBIN (GERMAN)

The Ruby is an aluminium oxide. It belongs to the mineral group of corundum, which are the hardest minerals after diamonds. The red colour is due to chromium and if the ruby is brownish in colour, this is due to the inclusion of iron.

PSYCHOLOGICAL ASPECTS

Rubies have always been considered lucky stones, as well as representing the purest of love. They increase our mental and bodily force potential and also help people gain more fulfilment from their expectations in life, as well as assisting in the achievement of greater self-fulfilment. The ruby is a demonstration of strong love and loyalty. Through the powers of a Ruby, the bearer will see partners and other important people in their lives being open and honest. Rubies are intuitively inspiring ward stones and guard you from evil wishes from envious people, intrigues, and also, economic downfalls.

BODILY ASPECTS

The ruby is for many, an important protective and healing stone for the disease leukaemia. Its regulating properties and influence on blood cells helps to prevent anaemia, strengthens defences and the immune system, and lowers blood pressure. The ruby is very helpful during menopause, where it reduces hot flashes and quickens the process of adjustment after menopause is over. The ruby increases metabolic rates, thereby reducing excessive weight gain.

EXAMPLES OF APPLICATION

Hildegard v. Bingen. If you experience a fever you should place a ruby on the forehead or hold it in your hand. If you have low blood pressure, it is advisable to wear a pendant or a chain with a ruby close to the level of the heart. " If you have a headache, place a ruby at the peak of your head, until your skin is warm there. It will help your head feel better."

AWARDED MAGICAL PROPERTIES

The name ruby comes from the Latin Rubeus, which means 'red'. Rubies have existed since ancient times and belong to the most beautiful and rarest of all gems. The Greeks even honoured the ruby as the mother of all gemstones. Rubies, it was thought, were the direct blood of the earth. They embody the creation of mankind and encompass the power of love and of life.

CHAKRA ATTRIBUTIONS

The ruby enters most intensely through the root chakra or the heart chakra into our circulatory system. It is very useful for meditation as it is very bright and up-lifting. A ruby encourages friends to stick-around and partnerships to be strengthened and encouraged.